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# Physical Fitness Assessments for Students with Disabilities

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TETN

November 12, 2008

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# Important Considerations

- The majority of students with disabilities will be able to participate in the same manner as any other student
  - Some students with disabilities may require accommodations or modifications
  - Some students with disabilities may be restricted from participation
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# Important Considerations

- Admission, review, and dismissal (ARD) committees should address appropriate participation in physical fitness assessments as the student's individualized education program (IEP) is developed
  - The ARD committee should indicate any required accommodations or modifications
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# Important Considerations

- If the annual ARD committee meeting is scheduled after the date of the physical fitness assessment, the committee is encouraged to use the regulatory provision that allows the IEP to be amended without convening an ARD committee meeting.
  - Appropriate participation should then follow in the next regularly scheduled meeting of the ARD committee.
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# Important Considerations

- The student's IEP should include a statement explaining why the child cannot participate in test items that are determined by the ARD committee to be inappropriate
  - Health and safety considerations are important and should always be considered as participation is addressed
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# Guidance

- <http://www.tea.state.tx.us/health/PFAI.html>
  - Link to a Q & A document is available on the URL above
    - Scroll down about half way to the heading “Student Exemptions” to locate the document
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